

EMOTIONAL EXCELLENCE

for Innovative Leaders



Prof. Dr. Leonard YONG

Master World Class Trainer Author
Inventor of LEONARD Personality
Inventory (LPI) Profiling Tool in 10
languages including Khmer language
and President of Leonard Personality
Incorporated.

Booking!

**012 26 00 55
010 23 23 68**



COURSE OUTLINE

RATIONALE

Corporate leaders and outstanding entrepreneurs are not defined by their IQ's or even their job skills, but by their "Emotional Intelligence": a set of competencies that distinguishes how people manage feelings, interact and communicate. Unlike IQ, Emotional Intelligence (EQ), continues to develop with life experiences. Understanding and raising your supervisor's Emotional Intelligence is essential to your organization's success and leadership potential.

PROGRAM SUMMARY

Emotional Intelligence (EQ) helps us understand how and why we react and respond to certain events in the organization. It also helps us to appreciate that our daily encounters are shaped not just by our rational judgment and our personal history but are largely influenced by our perceptions and expectations. EQ styles play a very important role in daily workplace interactions such as:

- Practicing people skills as leaders
- Enhancing communication in the workplace
- How we respond to criticisms
- How we deal with diversity and adversity
- How we manage certain difficult people and situations
- How we motivate ourselves and others

This program will enable participants to develop their EQ so that their leadership skills are enhanced with insights into their own behaviours and others' behaviours. To assist in this, supervisors will also be profiled using the Leonard Personality Inventory (LPI). The LPI can identify a person's emotional orientation and locate a person's preferred behavioral orientation on any 5 behavioral dimensions, namely Openness, Neutral, Analytical, Relational and Decisive dimensions.



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LEARNING OBJECTIVES

At the conclusion of this program, the learners will be able to:

- Understand key emotional intelligence (EQ) concepts
- Harness their emotional intelligence to release creativity in the workplace
- Understand and practice innovative leadership
- Gain insights of their own strengths and weaknesses and leadership styles
- Understand and practice key people skills
- Develop enhanced interpersonal relationships
- Become better managers and better subordinates

TRAINING METHODOLOGY

The training will be conducted based on the latest state of the art interactive training methodologies. Delegates will be exposed to a variety of case studies and expected to participate actively and learn through problem solving and role plays.

SELF ASSESSMENT TOOLKIT

Participants of this workshop will receive an LPI personality profiling and the Yong EE inventory from Dr. Leonard Yong to enable them to assess their own personality style and their Emotional Excellence Score.





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PROGRAM CONTENT

Day 1	
Time	Schedule
09:00-10:15	Perception Emotional Excellence Personality profiling with LPI
10:10-10:30	Tea break
10:30-13:00	Pacing and priority conflicts in teams Understanding emotional needs – The LPI Holistic Model
13:00-14:00	Lunch break
14:00-15:10	Developing openness to new ideas Innovative teamwork
15:10-15:30	Tea break
15:30-17:00	Enhancing creative leadership Stress and psychosomatic illness Managing body, mind and spirit

Day 2	
Time	Schedule
09:00-10:15	Managing our mind Challenging self-imposed assumptions
10:10-10:30	Tea break
10:30-13:00	Applying the principles of life Leadership style
13:00-14:00	Lunch break
14:00-15:10	Innovative leadership Deficit motivation and abundance motivation Stages of human development
15:10-15:30	Tea break
15:30-17:00	Developing Emotionally Excellent teams TENT therapy for developing Emotional Excellence Action plan to implement EE in the Workplace



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PROF. DR. LEONARD YONG

Dr. Leonard Yong (PhD; M. Ed.; B.Sc) is an internationally renowned consultant, trainer, inventor and author who has worked in many countries internationally. He is also an Educational Psychologist. Dr. Yong was a Professor at Universiti Malaya's Dept of Educational Psychology and Counseling. He has consulted, researched and taught for more than 20 years in Universiti Malaya, the top ranked university in Malaysia. Dr. Yong was also the pioneering Director of University Malaya Centre for Continuing Education.

Dr. Yong has received international global recognition for his research and consultancy work on creativity & emotional intelligence. Based on his pioneering work on the LEONARD Personality Inventory (LPI) & the LPI Software, and its use in helping individuals to develop their Emotional Intelligence (EQ) & creativity, Dr. Yong has consulted and conducted numerous training workshops on EQ and Creative Thinking for leaders in organizations such as British Petroleum (BP), Microsoft, Cathay Pacific, Securities Exchange Commission Thailand, Kuwait Petroleum Company, Saudi National Commercial Bank, Petroleum Development Oman, Chulalongkorn University, Readers Digest, Reuters, Chularat Hospital Thailand, Siriraj Hospital Thailand, Horwarth International, Motorola, Shangri-La Hotel, Citibank, Nestle, Unilever, Petronas, Matsushita and many more.

Dr. Yong has consulted and addressed groups in many countries such as the United States of America, Austria, Britain, Australia, France, New Zealand, Germany, Italy, Russia, Japan, China, India, Korea, Indonesia, Burma, Hong Kong, Singapore, Thailand and Papua New Guinea.

He was awarded the Fulbright-MACEE Award to undertake research on the creativity of Americans and the Japan Foundation Research Fellowship Award to conduct research on Japanese creativity. In recognition of his pioneering research on EQ and personality, Dr. Yong was awarded the EU-UMESP Senior Research Fellowship to conduct personality research in Italy, Germany and Scotland.

Dr. Yong's books include The LEONARD Personality Inventory, The Joy of Creativity –Creative Responses from Americans, Japanese and Malaysians and Creativity: A Study of Malaysian Students. His articles have appeared in journals such as Perceptual & Motor Skills, The Journal of Creative Behavior and Education Quarterly. He is a member of the American Psychological Association and British Psychological Society. He is presently Honorary Professor, Tunku Abdul Rahman University of Management & Technology, Malaysia.